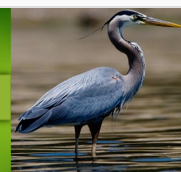


February 14th, 2023



THE IZAAK WALTON LEAGUE OF AMERICA

Suffolk-Nansemond Chapter



S-N IWLA Chapter Newsletter

Points of Contact

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Park Use Reservations Chair: Allen Kiger
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Chapter website: sniwla.org

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Suffolk Nansemond Chapter of the Izaak Walton League of America

IWLA State/National

[IWLA Virginia Division](#)

[IWLA National](#)

Backyard Conservation News

AskHRgreen.org

[Chesapeake Bay Foundation](#)

[Department of Conservation & Recreation](#)

[Division of Wildlife Resources](#)

[Hoffler Creek Wildlife Foundation and Preserve](#)

[Nansemond River Preservation Alliance](#)

[SCCC - Suffolk Clean Community Commission Recycling](#)

[TerraScapes Environmental Consulting](#)

[The Wildlife Society](#)

[Virginia Conservation Network](#)

The Blue Heron Times (February, 2023 Issue)

Meetings

Chapter Board of Directors meetings are held on the second Monday of each month. They last met at 7pm on **Monday, February 13th** at the Constantia House behind Baker's Funeral Home. Next month's Board meeting will be at 7pm on **Monday, March 13th** at the same location.

Chapter Members Dinner meetings are held on the 3rd Wednesday of each month. The next dinner meeting will be held at the [Kings Fork Community House](#) on Kings Fork Road on Wednesday at **6:30PM on February 15th**.

Chapter Ike Joyce Dugan is coordinating a members' chili cookoff at this dinner meeting. The cost will be \$10. If you have any questions please contact Joyce at joycedugan53@gmail.com.

There will be no guest speaker at this meeting.

Calendar of Events

You can review our full chapter website calendar online at <https://sniwla.org/sniwla/calendar> for the most recent information about meetings and upcoming events. A courtesy extract through the end of April, 2023 is shown below:

MON 2/13 at 7pm - Chapter Board Meeting.
WED 2/15 at 6:30pm - Chapter Chili Cookoff (Dinner Meeting).
THR 2/16 IWLA National Midwinter Board Meeting.
SAT 3/11 at 8am - *Adopt-A-Road Cleanup.
MON 3/13 at 7pm - Chapter Board Meeting.
TUE 3/14 - Deadline for Tobin Award Submittals.
WED 3/15 at 6:30pm - Chapter Dinner Meeting.
SAT 3/18 at 9am - Chapter Rimfire Members

Chapter Membership Cards

Ikes, your membership cards will be available on February 15th at the chapter dinner meeting. Those not able to attend will have their cards mailed to them.

If you paid your dues after the January dinner meeting, your membership has been renewed though I am waiting for the National Office to send me the membership cards.

The new chapter park gate combination for 2023 will be written on the back of your membership card and will be effective after the February dinner meeting. If you have questions regarding your membership renewal, please contact the Membership Chair by sending an email to Alan.Ferguson.IWLA@gmail.com.

You can find chapter policies under the Membership menu on our website at <https://sniwla.org/sniwla/>.

Submitted by Alan Ferguson,
Membership Chair

President's Note

February comes from the Latin word februa, which means "to cleanse." The month was named after the Roman Februalia, which was a month-long festival of purification and atonement that took place this time of year.

The Full Moon in February is called Snow Moon after the snowy conditions in the last month of winter in the Northern Hemisphere. Some North American tribes traditionally called the February Moon the Hunger Moon, since there was little food in the winter months.

The month is noted for Groundhog Day, the

Classifieds

[Chuckatuck Trading Post](#)
(757)255-9295
5969 Goodwin Blvd,
Suffolk, VA 23452

[Suffolk Radio & TV Service](#)
Radio/Television Repair
(757)539-2110
536 W. Washington Street
Suffolk, VA 23434

[Appomatox River Company](#)
(757)890-0500
3009 W. Mercury Blvd.
Hampton, VA 23666

[Arzillo Recycling \(Scrap Metal\)](#)
(757)539-8593
Locations: Suffolk & PTMS Blvd

NOTE: AmazonSmile is being discontinued as of 2/20/2023.

Shop at AmazonSmile

and Amazon will make a donation to:

Izaak Walton League Of America Inc
Suffolk-Nansemond Chapter

See <http://sniwla.org/sniwla/donations-2/>



Shooting Competition.
SAT 3/25 at 9am - *Suffolk SCCC Recycle Tire Amnesty Event.
FRI 3/31 - *Chapter BBQ Fundraiser.
SAT 4/1 - *Chapter Nansemond River Cleanup.
SAT 4/1 - Chapter Scholarship Applications Deadline.
MON 4/10 at 7pm - Chapter Board Meeting.
SAT 4/15 at 8am - *Chapter Park Workday.
WED 4/19 at 6:30pm - Chapter Dinner Meeting.
SAT 4/22 at 9am - *Chapter Teddy Bear Hunt.

Note: Events marked with an asterisk count towards work hour credits for meeting the chapter's annual membership volunteer participation requirement. Holidays/Advisories:
2/14 Valentine's Day.
2/20 - President's Day.
3/12 Daylight Saving Time starts.
3/17 St. Patrick's Day.
4/9 Easter Sunday.
4/10 Eastern Monday.

Chapter Award Nominations

A reminder, all members are encouraged to take a look at the various awards, their criteria, and then take a few minutes to submit nominations to our award committee.

It's as simple as jotting down a name, the reasons you are nominating that individual and then emailing or giving that information to the awards committee chairman or any other chapter officer or board member.

The deadline for submittal of nominations for the Judge John W. Tobin Chapter Volunteer Appreciation Award is **March 14th, 2023**. This award is given for recognition of a chapter member who participates in meetings, signs up for work crews, serves on committees and generally helps the chapter run more smoothly.

Also, the criteria for submitting IWLA National scholarship award applications can be found on the [IWLA National website](#).

Superbowl, Lincoln's birthday, and our annual chili cookoff. You may not have been at the other events but don't miss the chili cookoff.

Respectfully Yours,

Chris Ferguson,
Chapter President,
Suffolk-Nansemond IWLA

Chapter Scholarships

Submitted by David Perdue, Scholarship Committee Chair

Each year, our chapter awards one or more education scholarships from our chapter's scholarship fund that is replenished periodically through chapter fundraisers.

This year the chapter board of directors has approved that one (1) scholarship be awarded in the amount of \$1,000.

Application submissions opened as of February 1st, 2023. To apply, please review carefully the minimum qualifications and application procedures as described at <https://sniwla.org/sniwla/scholarships/>. Be sure to submit your application no later than the **April 1st, 2023** deadline.

Recipe of the Month - Pork Tenderloin with Blueberry Sauce

A special thanks goes to our Chapter Cooking Crew for serving up a scrumptious pork loin dinner at our January chapter dinner meeting. A blueberry sauce was served following a tradition that first originated with our chapter's hosting of an IWLA Virginia Division dinner meeting back in October of 2019 when chapter VP Darden Langston prepared a crowd-pleasing blueberry reduction sauce to pair with the pork loin that he cooked for the occasion.



Here shown left to right are members of the chapter cooking committee: Claudia Powell, Kathy Marchant, Vic Pisani, and Bob Marchant.

Recipe for Pork Tenderloin with Blueberry Sauce Source Credit: thegourmetgourmand.com.

Ingredients

- 1 lb pork tenderloin
- 1 heaping tablespoon fresh minced thyme
- ½ teaspoon garlic powder
- ½ teaspoon salt
- ½ teaspoon freshly ground black pepper

For sauce:

- 6 oz fresh blueberries (about ¾ cup)
- 2 cloves garlic minced
- 3 tablespoons sugar (to taste)
- ½ cup balsamic vinegar

Instructions

- Preheat oven to 375 degrees. Prepare pork by removing fat and connective tissue. Pat dry with paper towel.
- On a large plate combine thyme, garlic powder, salt, and pepper. Roll tenderloin in the mixture until well coated.
- Place tenderloin on a large baking sheet covered in parchment. Bake in oven for approximately 40 minutes or until internal temperature reads 145 degrees.
- Remove from oven and tent with foil; rest for 10 minutes before slicing meat.

To prepare sauce:

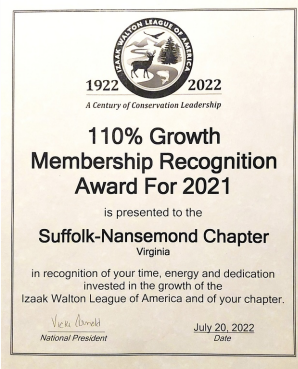
- Combine blueberries, garlic, and sugar in a large saucepan. Turn heat to medium. Mash blueberries with back of wooden spoon to let juices release. Simmer for 3-4 minutes, until blueberries are softened.
- Add balsamic vinegar and simmer for an additional 10-15 minutes, or until mixture is reduced and thickened.
- Serve sauce spooned over sliced pork medallions.

January Dinner Meeting Recap



Chris Rose, Second Vice President of the Virginia Division of IWLA and our chapter's IWLA National Director representative, was the guest speaker at the chapter's January member's meeting. After introducing himself, he gave a brief history of his involvement with IWLA. Chris had a specific reason for attending our meeting. He brought two National awards with him for presenting to the chapter. The first award was for the 2021 Best Chapter Newsletter.

The chapter's newsletter editor, Ray Powell (pictured at right), accepted the award and plaque. The second award was presented in recognition of 110% membership growth in 2021. Chapter president Chris Ferguson (pictured below) accepted the award certificate.



There were several announcements made by chapter committee chairs. A BBQ fundraiser will be held on March 31st from 4pm to 7pm. The event will be a drive through event catered by Captain Bob's. The event will be held at the Westminster Reformed Presbyterian Church located at 3488 Godwin Blvd in Suffolk. Tickets are \$12.00 and are available for sale. To purchase tickets, contact either Richard Wentz at rewentz@gmail.com or leave a voice message at 757-635-1215 or Darden Langston at dlangston@birdsongpeanuts.com or 757-514-0134 or 757-377-8755.

The chapter's annual chili cook off will be held during our February 15th member's meeting. If you have questions please contact Joyce Dugan at joycedugan53@gmail.com.

The Scholarship committee chair announced that that one \$1,000.00 scholarship will be awarded this year. Applications are now being accepted until April 1st. Applications and instructions for submitting the applications are located on the chapter's website. Select the activities button at the top of the homepage and then select scholarships in the dropdown box.

The awards committee is also accepting nominations for the 2022 Tobin Award. Nominations are open and will be accepted through February 24th. Members should also go to the National website (link located at the bottom of our homepage), type in awards in the search box and review the other awards that are available. If there is an individual or group that you think meets the award criteria, submit that information to the Awards Committee Chair, Tim Doxey at trdoxey@charter.net. Nominations for these awards must be submitted to the awards committee by May 14th.

*Suffolk Litter Control - Recycle Drive & Tire Amnesty Scheduled for March 25th

This recycle event will be held 9am-1pm on March 25th, 2023 at the Public Works Operations Center on Carolina Road (SE quadrant of Rt.13 Bypass @ Carolina Rd. (Rts.13/32).



**RECYCLING
DRIVE
& TIRE AMNESTY DAY**

MARCH 25, 2023 - 9AM-1PM

800 CAROLINA ROAD . SUFFOLK, VA 23434

ACCEPTED MATERIALS

TIRES* ELECTRONICS** LARGE APPLIANCES***
SCRAP METAL**** BATTERIES PAPER CARDBOARD
HEARING AIDS CLOTHING EYE GLASSES PLASTIC BAGS

HOUSEHOLD HAZARDOUS WASTE DISPOSAL

OIL GASOLINE ANTIFREEZE CLEANERS
PROPANE TANKS CFL BULBS PESTICIDES MORE

DOCUMENT SHREDDING



DURING BUSY PERIODS, THERE MAY BE
A THREE GROCERY BAG LIMIT.

**IN PARTNERSHIP WITH THE SUFFOLK SHERIFF'S OFFICE
TO PROTECT AGAINST IDENTITY THEFT.**

FOOD & TOILETRIES

This is a FREE event, but we highly encourage participants to consider donating non-perishable and personal care items. Suffolk Christian Fellowship Center will be on-site to collect items.



FLAGS

US flags will be collected and given to local Boy Scouts to be properly decommissioned.

HOSTED BY KEEP SUFFOLK BEAUTIFUL - KSB@SUFFOLKVA.US . 514-7604

*22 INCHES OR LESS - NO RIMS **No TUBE TV'S
***REFRIDGERATOR, WASHER/DRYER, FREEZER, STOVE, HOT WATER HEATER, A/C UNIT
****NO LAWN MOWERS, CARS, OR ANYTHING RUNNING ON A GAS-POWERED ENGINE

**Note: although this event is sponsored by the City of Suffolk's Public Works Litter Control Department, our S-N IWLA chapter board of directors will credit work hours for chapter member participation at this volunteer event towards meeting the chapter's annual membership participation policy requirement.*

*Chapter BBQ Fundraiser Scheduled for Friday, March 31st

Tickets are available for purchase now! To buy yours, contact either: Fundraiser Chair/Board Member Richard Wentz e: rehwentz@gmail.com m: 757.635.1215 (leave voicemail message), or Vice President Darden Langston e: dlangston@birdsongpeanuts.com w:757.514.0134 m: 757.377.8755.

Suffolk Nansemond Izaak Walton League



Fundraiser



BBQ Dinner Drive –Thru Pick Up



Friday, March 31st 4 PM—7 PM

Westminster Reformed Presbyterian
Church 3488 Godwin Blvd, Suffolk

\$12 Ticket per person

Captain Bob's BBQ & Fried Chicken
Cole Slaw, Mac & Cheese, and Hush Puppies

To support the SN-IWLA Conservation Projects &
Environmental Education

Tickets are available for purchase now! To buy yours, contact either:

Fundraiser Chair/Board Member Richard Wentz
e: rehwentz@gmail.com m: 757.635.1215 (leave voicemail message),
or ...

Vice President Darden Langston
e: dlangston@birdsongpeanuts.com w:757.514.0134 m: 757.377.8755

**Note: chapter members who wish to volunteer to help out at this event will be able to sign up for specific work rosters at the February dinner meeting or can contact Richard using his contact information shown above if unable to attend the meeting. Members will earn work hour credits for participating at this volunteer event towards meeting the chapter's annual membership participation policy requirement. For a printable PDF of the flyer shown above, see <https://sniwla.org/sniwla/bbq-fundraiser-scheduled-for-friday-march-31st-2023/>.*

*Chapter Teddy Bear Hunt Scheduled for Saturday, April 22nd

To sign up for this open-to-the-public Teddy Bear Hunt (TBH) chapter event, be sure to RSVP no later than **April 8th, 2023** to Chris_Trimpey@hotmail.com or call 757-449-4910.



2023 Suffolk-Nansemond IWLA Teddy Bear Hunt

Date: Saturday, April 22nd, 2023

10:30 - 12:00 Teddy Bear Hunt (Ages: 3-10)
12:00 - 1:00 Lunch
1:00 - 3:00 Explore the park
(Bring your favorite fishing pole and fish or just relax).

Location: 480 Kings Fork Rd, Suffolk, VA 23434

Cost: \$15 per family (covers parents/guardians and 1 child), \$5.00 extra for each additional child). Lunch is included for all.
Limited spaces are available, so please RSVP no later than April 8th, 2023 to Chris_Trimpey@hotmail.com or 757-449-4910.

A fun-filled family day of nature brought to you by the Suffolk-Nansemond Chapter of the Izaak Walton League

me: ■ ■ ■

**Note: chapter members who wish to volunteer to help out at this event will be able to sign up for specific work rosters at the February dinner meeting or can contact Chris using his contact information shown above if unable to attend the meeting. Members will earn work hour credits for participating at this volunteer event towards meeting the chapter's annual membership participation policy requirement. For a printable PDF of the flyer, see <https://sniwla.org/sniwla/chapter-teddy-bear-hunt-scheduled-for-april-22nd-2023/>.*

Local Conservation Issues News - The Red-Cockaded Woodpecker Returns

Source Credit: DWR (Department of Wildlife Resources) Blog 1-30-23 "A red-cockaded woodpecker at Big Woods Wildlife Management Area"; Author: Molly Kirk/DWR; Photo by Lynda Richardson/DWR.



"A red-cockaded woodpecker (RCW) spotted at Big Woods WMA (Wildlife Management Area) has been confirmed as a maturing fledging from 2022's clutch of two hatched eggs at Big Woods, marking an important milestone for DWR's efforts to recover the red-cockaded woodpecker.

The species has been listed as federally endangered since 1970 and is also state-endangered. Under the Endangered Species Act, the U.S. Fish and Wildlife Service (USFWS) created a National Recovery Plan for RCWs in the 1970s and DWR has a cooperative agreement with the USFWS to serve as the lead agency for the conservation of protected animal species in Virginia, including the red-cockaded woodpecker."

For more information, see <https://dwr.virginia.gov/blog/the-red-cockaded-woodpecker-returns>.

Local Conservation Issues News - Think You Found a Bear Den? Please Leave it Alone!

Article Source and Photo Credits: DWR (Department of Wildlife Resources) Blog 1-30-23 "Think You Found a Bear Den? Please Leave it Alone!"; Author: Bear Team/DWR.



"While many of us also slow down for the winter, there are still ample opportunities that take us afield in bear country. Whether enjoying a hike, cutting firewood, clearing brush, hunting, or doing other activities you may inadvertently stumble upon a black bear den. A female black bear, particularly one who has had cubs, will likely remain at the den unless they feel pressured to leave. Follow this link <https://dwr.virginia.gov/blog/think-you-found-a-bear-den-please-leave-it-alone> for a few tips to avoid disturbing a bear den and what to do should a female leave her den.

Also, you can watch video footage, posted at <https://www.youtube.com/watch?v=kW62XtWq4uE>, that came from DWR trail cameras used to monitor the den of a GPS-collared female black bear during the winter of 2020. The camera was placed on the den following a work up to change out this bear's GPS collar."

[forward to a friend](#)

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