

August 9th, 2022



THE IZAAK WALTON LEAGUE OF AMERICA

Suffolk-Nansemond Chapter



S-N IWLA Chapter Newsletter

Points of Contact

President: Chris Ferguson
president@sniwla.org
 (757)339-3905 (m)

Vice President: Darden Langston
dlangston@birdsongpeanuts.com
 757-377-8755(m)

Park Use Reservations Chair: Allen Kiger
akiger00@hotmail.com
 757.650.8530(m)

Membership Chair: Alan Ferguson
Alan.Ferguson.IWLA@gmail.com
 757-292-3705(m)

Speaker Coordinator: HJ Miller
info@sniwla.org
 757.539.9290(hm)

Chapter website: sniwla.org

WebMaster: webmaster@sniwla.org



Find us on Facebook!
 Suffolk Nansemond Chapter of the
 Izaak Walton League of America

IWLA State/National

[IWLA Virginia Division](#)

[IWLA National](#)

Backyard Conservation News

AskHRgreen.org

[Chesapeake Bay Foundation](#)

[Department of Conservation & Recreation](#)

[Division of Wildlife Resources](#)

[Hoffler Creek Wildlife Foundation and Preserve](#)

[Nansemond River Preservation Alliance](#)

[SCCC - Suffolk Clean Community Commission Recycling](#)

The Blue Heron Times (August, 2022 Issue)

Meetings

The Chapter's Board of Directors met at 7pm on **Monday, August 8th** at the Constantia House behind Baker's Funeral Home.

Next month's Board meeting will be at 7pm on **Monday, September 12th** at the same location.

The Chapter Members Dinner meeting will be held at the [Kings Fork Community House](#) on Kings Fork Road on **Wednesday, August 17th at 6:30PM.**

The dinner menu will be baked Chicken, roasted potatoes, green beans, tossed salad, rolls, tea, with assorted homemade desserts. The cost will be \$10. Chapter officers and board members will be sworn in for the 2022-2023 term at this meeting. At this time there is no guest speaker scheduled.

Calendar of Events

You can review our full chapter website calendar online at <https://sniwla.org/sniwla/calendar> for the most recent information about meetings and upcoming events. A courtesy extract through end of September is shown below.

MON 8/8 at 7pm - Chapter board meeting.
WED 8/17 at 6:30pm - Chapter dinner meeting with swearing in of elected officers and board members.
SAT 8/20 from 10am to 4pm - VA Honey Bee

BBQ Fundraiser

Members, we need your help to sell tickets for our upcoming chapter BBQ fundraiser slated for **September 9th from 4-7pm.**

To pick up tickets to sell or purchase tickets, contact [Richard Wentz](#), chapter Fundraising Chair, or [Darden Langston](#), Vice President. Tickets will also be available at the upcoming August dinner meeting on August 17th.

The target date for turning back in to Richard the ticket money that you've collected as well as any unsold tickets is August 26th.

See the fundraiser flyer shown later in this newsletter for more information including Richard's and Darden's contact information.

President's Note

We are going through the dog days of summer. The phrase is a reference to Sirius, the Dog Star. During the "Dog Days" period, the Sun occupies the same region of the sky as Sirius, the brightest star visible from any part of Earth. In the summer, Sirius rises and sets with the Sun. On July 23rd,

[TerraScapes Environmental Consulting](#)

[The Wildlife Society](#)

[Virginia Conservation Network](#)

[Virginia Master Naturalist](#)

Classifieds

[Chuckatuck Trading Post](#)
(757)255-9295
5969 Goodwin Blvd,
Suffolk, VA 23452

[Suffolk Radio & TV Service](#)
Radio/Television Repair
(757)539-2110
536 W. Washington Street
Suffolk, VA 23434

[Appomatox River Company](#)
(757)890-0500
3009 W. Mercury Blvd.
Hampton , VA 23666

[Arzillo Recycling \(Scrap Metal\)](#)
(757)539-8593
Locations: Suffolk & PTMS Blvd

Shop at AmazonSmile
and Amazon will make
a donation to:

Izaak Walton League Of America Inc
Suffolk-Nansemond Chapter

See <http://sniwla.org/sniwla/donations-2/>



Festival at Norfolk Botanical Gardens.
FRI 9/9 from 4-7pm - *Chapter BBQ Fundraiser
SAT 9/10 at 8am - *Chapter Park Workday.
MON 9/12 at 7pm - Chapter board meeting
SAT 9/17- **CANCELED:Fish Rodeo.**
WED 9/21 at 6:30pm - Chapter dinner meeting.
SAT 9/24 at 9am - Chapter CenterFire
Members Shoot Competition.

Note: Events marked with an asterisk count towards work hour credits for meeting the chapter's annual membership volunteer participation requirement.

specifically, it is in conjunction with the Sun, and because the star is so bright, the ancient Romans believed it actually gave off heat and added to the Sun's warmth, accounting for the long stretch of sultry weather. They referred to this time as *diēs caniculārēs*, or "dog days."

We have begun selling tickets for the BBQ fundraiser. The last couple of years, with limited social interaction, has strained our budget while new expenses with the dam work have added up. Please pick up tickets if you have not done so and get out and sell them.

Respectfully Yours,

Chris Ferguson,
Chapter President,
Suffolk-Nansemond IWLA

Recipes of the Month - Casseroles for Zucchini and Squash



[Cheesy Zucchini Casserole](#) (Low Carb & Keto-Friendly)

Source Credit [Katerina, Diethood.com](#)

Servings : 6

Ingredients

- 2 to 3 zucchini, sliced into half moons about 1/4-inch thick (you will need 6 cups total)
- 1/4 teaspoon salt
- 1/3 cup heavy cream
- 3 eggs
- 1/4 cup grated parmesan cheese
- 3 to 4 garlic cloves, minced (or 1 tablespoon minced garlic)
- 1 teaspoon dried basil
- 1/8 teaspoon ground nutmeg
- 1/4 teaspoon fresh ground pepper
- 1 1/2 cups shredded cheddar cheese
- 2 tablespoons butter, sliced into 1/4-inch thick pieces
- chopped fresh parsley, for garnish

Instructions

Preheat oven to 350°F.
 Grease a 9-inch baking dish with butter.
 Add the sliced zucchini to the baking dish and sprinkle with salt; mix and set aside.
 In a mixing bowl whisk together the heavy cream, eggs, parmesan cheese, garlic, basil, nutmeg, and ground pepper.
 Layer 1/2 cup of shredded cheddar cheese over the zucchini.
 Pour the prepared cream sauce over the zucchini and scatter pieces of butter over the zucchini and sauce.
 Bake for 25 minutes.
 Remove from oven and sprinkle with remaining cheese. Bake for 7 to 10 more minutes, or until bubbly, browned, and zucchini is tender.
 Remove from oven and let stand 10 minutes.
 Garnish with parsley; Cut and serve.



[Squash Casserole](#)

Source Credit: [addapinch](#) / [Robyn Stone](#)

Servings : 12

Ingredients

- 2 tablespoons butter
- 4 cups sliced yellow squash
- 1 medium onion chopped
- 2 large eggs
- 1 cup grated cheddar cheese
- 1 cup milk
- 2 tablespoons butter
- 1/4 teaspoon cayenne pepper (optional)
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 sleeve Ritz crackers

Instructions

Preheat oven to 350° F.
 Melt 2 TBLSP butter in medium skillet.
 Add squash and onions and cook until tender.
 To a large bowl, add eggs and lightly whisk.
 Add cheese and milk and whisk into egg.
 Add cooked squash, onions to mixture and stir.
 Melt remaining 2 TBLSP butter in skillet.
 Add to squash casserole mixture.
 Add salt, pepper and cayenne pepper (optional).
 Stir well.
 Spray 9×13 casserole dish with cooking spray.
 Pour squash casserole mixture into baking dish.
 Top evenly with crushed Ritz crackers.

Place in preheated oven and bake 45 minutes (until top has lightly browned).
Allow to sit for about 3 minutes before serving.

July Chapter Dinner Meeting Guest Speaker



The guest speaker for the July member’s meeting was Nick Delphia. Nick is the president of the Beekeepers Guild of Southeastern Virginia. His presentation was titled “Elevating the Standards of Beekeeping”.

The Guild is a 501(3)(c) nonprofit organization established in 2009 to promote education amongst members and the general public on the importance of honeybees and other pollinators. Goals of the organization include promoting sustainable beekeeping through continuing education, mentoring of new beekeepers and explaining the dangers involved with the overuse of pesticides. The Guild has developed a “Nucleus” program raising their own “survivor stock” of

bees to maintain and increase the local supply of bees thereby discouraging importing of bees and they provide swarm removal and relocation, pollination services, and beginner beekeeping classes. For more information on the Guild see BeeKeepersGuild.org.



Nick informed us that the Virginia Honey Bee Festival will be held this year from **10am until 4pm on August 20th** at the Norfolk Botanical Garden. According to Nick, “the honeybee is a sweet deal and so is the Honey Bee Festival!”

For the full news article on Nick's presentation, see the posting on our chapter website under the News menu entitled [July 2020 Guest Speaker](#).

Suffolk Nansemond Izaak Walton League



Fundraiser

BBQ Dinner Drive –Thru Pick Up



Friday, September 9th 4 PM—7 PM

Westminster Reformed Presbyterian Church
3488 Godwin Blvd, Suffolk

\$12 Ticket per person

Captain Bob's BBQ & Fried Chicken
Cole Slaw, Potatoes, and Hush Puppies

To support the SN-IWLA Conservation Projects &
Environmental Education

Tickets are available for purchase now! To buy yours, contact either:

Fundraiser Chair/Board Member Richard Wentz
e: rehwentz@gmail.com m: 757.635.1215 (*leave voicemail message*),
or ...

Vice President Darden Langston
e: dlangston@birdsongpeanuts.com w:757.514.0134 m: 757.377.8755

2022 Chapter Education Scholarships

This year our chapter awarded two \$1,000 education scholarships.

Thomas Patterson will be attending Virginia State University (Petersburg). Here he is shown being presented with a \$1,000 check by chapter treasurer Tim Doxey at the July 2022 chapter member's meeting. Congratulations, Thomas!



Maurice Etienne III currently is attending Clemson University and is studying Environmental Engineering. Here he is shown receiving his award certificate and \$1,000 check. Congratulations, Maurice!



More information on the chapter's scholarship program can be found under the [Activities menu](#) on our chapter website.

Conservation Legislation News - Bill Filed to Repeal Pittman-Robertson

Message from Chapter Board Member Mike Lane

Source Credit: <https://www.fieldandstream.com/>

Recently, Georgia Congressman [Andrew Clyde] introduced a bill to repeal Pittman-Robertson Act excise taxes. If passed, the bill could deprive state agencies of much-needed conservation dollars. For 85 years, the Federal Aid in Wildlife Restoration Act, also known as the Pittman-Robertson Act, has raised billions of dollars for wildlife research and habitat acquisition. The bill, which is funded by a 10 to 11 percent excise tax on hunting and fishing gear, including firearms, is arguably the most important source of conservation funding in the United States.

With [H.R. 8167](#), Representative Andrew Clyde of Georgia has taken aim at Pittman-Robertson's current funding in the name of Second Amendment rights. The bill is named the "RETURN (Repealing Excise Tax on Unalienable Rights Now) our Constitutional Rights Act of 2022". It would eliminate the excise tax on guns, ammunition, and archery tackle that fund Pittman-Robertson. He introduced the bill ... with the support of 53 co-sponsors ...

Last year, Pittman-Robertson and the Sportfish Restoration Act, known as Dingell-Johnson, combined to [bring in \\$1.5 billion for conservation](#). Currently, those funds go into a USFWS account called the Wildlife Restoration Trust Fund. Some of the money is earmarked for Hunter Education, target range construction, and projects that require cooperation among several states. The bulk of the money is divided among the 50 states based on each state's land area and the number of paid hunting and fishing license holders.

For more information, see <https://www.fieldandstream.com/conservation/bill-repeal-pittman-robertson/>.

IWLA National Convention July 19th-22nd Recap

Message (condensed) from Vicki Arnold, IWLA National President"

...At the IWLA National's 100th anniversary convention, Ikes enjoyed camaraderie with fellow conservationists, heard from outstanding guest speakers, and charted a path for our second century... Rick Swan, executive director of the East Peoria Chamber of Commerce, welcomed the League back to Illinois... League Vice President Jodi Arndt Labs ... encouraged every Ike to learn about one incredible accomplishment from our past and to share that achievement with others as a way of promoting the League and propelling us into the future. Executive Director Scott Kovarovics highlighted recent achievements, including the growth of membership over the past two years and the expansion of our volunteer science programs... League President Vicki Arnold introduced our vision for our second century, which focuses on engaging more Americans in community-based conservation and volunteer science, advocating for sound public policy to protect America's natural resources for future generations, and connecting people to the natural world. Clean Water Program Director Samantha Briggs gave examples of League volunteers who go above and beyond by putting out an informational sign while they're doing community science... George Venable, Chair of the Rifle and Pistol Committee at the Lynchburg (Virginia) Chapter, spoke about how chapters can engage people by introducing them to shooting sports and by partnering with Scout groups to reach youth. Annette Hansen, Executive Director of the Porter County (Indiana) Chapter, gave a brief overview of the importance of creating partnerships...

League chapters, members, volunteers and partners were recognized [with awards] for accomplishments in conservation, youth engagement, shooting sports and other areas of excellence. [A panel discussion was held on] ... responses to Climate Change... A panel of experts discussed options from conservation across large landscapes to industrial storage of electricity generated by solar, wind and other renewable resources. Dr. Imre Gyuk, Director of Energy Storage Research, U.S. Department of Energy, stressed that to address the climate crisis, transportation, building systems, agriculture and manufacturing will have to run on electricity that comes from renewable energy... Chris Gloninger, Chief Meteorologist at KCCI TV in Des Moines, reviewed the science of climate change, pointing out that based on long-term cycles, the planet should be cooling now... Emily Rodriguez, the League's Agriculture Outreach Coordinator, spoke about the importance of sustainable agricultural practices... Olympic gold medalist Ginny Thrasher, who got her start in shooting sports at the League's Arlington-Fairfax Chapter, joined us via video to share her personal story and offer some tips for engaging new audiences in shooting sports... Dr. Montgomery, co-author of *What Your Food Ate: How to Heal Our Land and Reclaim Our Health*, gave a stimulating and well-received tour through the connection between soil health and human health... Darlene Cavalier, founder of SciStarter, shared her perspective on the future of volunteer science and helped the League prepare to leverage this work to protect the environment and engage more Americans in conservation.

By unanimous vote, the League members present at convention elected a slate of national officers: National President - Vicki Arnold, National Vice President - Jodi Arndt Labs, National Secretary - Jim Storer, National Treasurer - Scott Meyer, Directors-At-Large - Richard Sommer and Bill Kelly. The Endowment Board elected Steve Labs (WI), Lisa McIntyre (IA) and Gary Schwartz (MN) for three-year terms. Annette Hansen (IN) was elected for a one-year term. Ikes in attendance elected Jill Padgett (VA), Rick Cerwick (IA) and Dale Braun (IA) to the Executive Board.

Following clarifying questions and debate, delegates voted unanimously to adopt a change to the League's bylaws that would give the Executive Board more flexibility to propose a new logo for the organization.... Delegates voted to adopt resolutions regarding protections for ephemeral streams and wetlands, conservation of native non-game fish, and technologically enhanced naturally occurring radioactive material... the League membership voted not to adopt a resolution related to rural electric cooperatives ...

Last but not least, today we voted on the location of a future convention. In July 2025, we will gather in Green Bay, Wisconsin. I can't wait to see you there!"

Vicki Arnold, IWLA National President

[forward to a friend](#)

Copyright © 2022 Suffolk-Nansemond Chapter of the Izaak Walton League of America, All rights reserved.



[unsubscribe from this list](#) | [update subscription preferences](#)