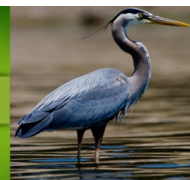




THE IZAAK WALTON LEAGUE OF AMERICA

Suffolk-Nansemond Chapter



The Blue Heron Times January, 2026 Issue

Points of Contact

President: Chris Ferguson
president@sniwla.org
757-339-3905 (m)

Vice President: Darden Langston
jd10@charter.net m: 757-377-8755(m)

Park Use Reservations Chair:
Allen Kiger
akiger00@hotmail.com 757.650.8530(m)

Membership Chair: Alan Ferguson
SNIWLA.mdr@gmail.com
757-292-3705(m)

Speaker Coordinator: H.J. Miller
info@sniwla.org m: 757-539-9290

Chapter website: sniwla.org
WebMaster: webmaster@sniwla.org

IWLA State/National [IWLA Virginia Division](#)
[IWLA National](#)

Backyard Conservation News
AskHRgreen.org
[Chesapeake Bay Foundation](#)
[Department of Conservation & Recreation](#)
[Division of Wildlife Resources](#)
[Hoffler Creek Wildlife Foundation](#)
[Nansemond River Preservation Alliance](#)
[SCCC - Suffolk Clean Community Commission](#)
[Recycling](#)
[TerraScapes Environmental Consulting](#)
[The Wildlife Society](#)
[Virginia Conservation Network](#)
[Virginia Master Naturalist](#)

Classifieds
[Chuckatuck Trading Post](#)
(757)255-9295
5969 Goodwin Blvd, Suffolk, VA 23452

[Suffolk Radio & TV Service](#)
Radio/Television Repair
(757)539-2110
536 W. Washington Street
Suffolk, VA 23434

[Appomattox River Company](#)
(757)890-0500
3009 W. Mercury Blvd, Hampton, VA 23666

[Arzillo Recycling](#) (Scrap Metal)
(757)539-8593,

Locations: Suffolk & PTMS Blvd

Meetings

Chapter Board of Directors meetings are held on the second Monday of each month. They last met at **7pm on Monday, January 12th** at the Constantia House behind Baker's Funeral Home. The next month's Board meeting will be at **7pm on Monday, February 9th** at the same location.

Chapter Members Dinner meetings are held on the 3rd Wednesday of each month. The next chapter dinner meeting will be held at **6:30pm on Wednesday, January 21st** at the Oakland Church Community Life Center located in Chuckatuck at 5641 Godwin Blvd, Suffolk, VA 23434.

The dinner menu will be pork barbecue, buns, potato salad, baked beans, coleslaw, iced tea, and assorted desserts. The cost will be \$10. The guest speaker will be Peter Acker, District Terrestrial Biologist for the DWR (VA Department of Wildlife Resources) who will discuss deer, bears, and other wildlife.

President's Note

It is 2026! Happy New Year. The whole year stretches before us, shiny and full of promise. We as the chapter and you as individuals can accomplish great things this year. There are many scheduled opportunities to get kids out to enjoy the park. But as members, you can enjoy it with your family at any time. "January is the perfect month for wishing yourself the highest good in whatever you do." --Remez Saason.

Respectfully Yours, Chris Ferguson, Chapter President, Suffolk-Nansemond IWLA

February Chili Cook-off

Members, once again, we're planning to hold the annual chapter Chili Cook-off on February 19th for our monthly chapter dinner meeting. So, if you want to signup as a volunteer to bring a pot of chili, a plate of cornbread, or a dessert, please click on [SignupGenius](#) where you can enter your contact information and what you plan to bring. We'll be voting on gold and silver spoon awards for the best chili. Any questions, please contact Food Chair Claudia Powell at powelcje@gmail.com or 757-504-8159 (m).

Calendar of Events

The Chapter Board of Directors approved a proposed calendar of chapter events for the 2026 calendar year at last night's board meeting. Excerpts from the calendar will be included in subsequent monthly chapter newsletter issues to keep members informed of upcoming events. **A reminder**, it is always prudent to review our chapter calendar online at <https://sniwla.org/sniwla/calendar> for the most recent information about meetings and upcoming events.

However, please note that at the time of this newsletter publication, the online calendar has not yet been updated to reflect last night's board meeting.

*Note: Events on the chapter calendar that are marked with an *asterisk will count towards work hour credits for meeting the chapter's annual membership volunteer participation requirement.

2026 Membership Dues and 2025 Participation Hours

Message from Alan Ferguson, Membership Chair

Membership renewal notices were mailed in October. If you haven't received yours, please contact me at SNIWLA.mdr@gmail.com. Dues may be paid by USPS mail using the address label included with your renewal notice. Please note dues paid after the January 21st dinner meeting will incur a \$20 late fee.

New membership cards will be available at the February 18th dinner meeting. At that time, you will also be given the new park gate code which will be changed on that date. Those members unable to attend the February dinner meeting will receive their membership card and gate code by mail.

Each member is asked to complete 8 hours of service for the Chapter. The full **Participation Policy** is on the Chapter website <https://sniwla.org/> under Members → Member Participation Policy. Participation forms should have been received by December 1st. *Hours earned in December will be applied to 2026.*

Members not completing the 8 hours of service were mailed an invoice for the participation fee in the first week of December. Thank you to those members who have already paid their participation fee.

Please send any outstanding participation forms or checks (payable to S-N IWLA) via USPS mail to: Alan Ferguson, 3231 Matoaka Road, Suffolk, VA 23434.

Thank you for helping keep our Chapter strong, active and engaged!

Recipe of the Month - Ham and Mushroom Quiche



Source Credit:

<https://www.thekitchenmagpie.com/ham-and-mushroom-crustless-quiche/>

The Kitchen Magpie by Karlynn Johnson

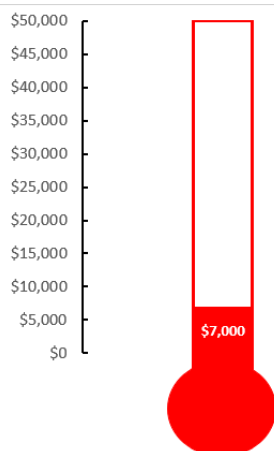
Serves: 6

Ingredients:

- 9-inch pie crust (storebought, ready to bake)
- 8-10 large white button mushrooms, cleaned and sliced
- 1 cup of bell pepper, minced (I used red and yellow)
- 1/4 cup red onion, minced
- 1 tablespoon minced garlic
- 1/2 cup chopped ham
- 5 large eggs
- 1 cup milk
- 1 teaspoon dried basil
- 1/4 cup Parmesan cheese, grated
- salt and pepper
- 1 Cup Shredded mozzarella

Cooking Instructions:

1. Preheat the oven to 350°F.
2. Add the mushrooms,, onions and peppers to a large skillet along with a splash of cooking oil).
3. Sauté the vegetables until they are all softened. Add in the garlic and fry for two minutes until browned and fragrant.
4. Add in the ham and mix in.
5. Mold the pie crust into the bottom of the pan.
6. Add ham and vegetable mixture in an even layer.
7. In a medium bowl, whisk together the eggs, milk, basil and Parmesan. Add a bit of pepper at this point (add salt later to taste).
8. Pour the egg mixture over vegetables and ham.
9. Top with the shredded mozzarella.
10. Bake the quiche for 45-55 minutes, until the interior reaches at least 165 °F and the top is golden brown (all ovens and times may vary).
11. Cut into six pie slices and serve.
12. Tip: Place the pie dish on a baking sheet for easy in and out of the oven.



CAPITAL CAMPAIGN TRACKER

The graph to the left shows that we've accumulated \$7,000 in donations thus far towards our goal of raising money for expenses related to repairs and/or alterations of our chapter park dam.

We are asking members to consider making a contribution to the Capital Campaign. This tracker will be included in future newsletters and updated at members' monthly meetings. Please contact our Treasurer if you are willing to make a donation. Any help is very much appreciated. Contributions may be tax deductible; see your tax professional.

CAUTION: BE SURE TO MONITOR YOUR EMAILS CAREFULLY FOR POTENTIAL SPAM/PHISHING ATTEMPTS. The chapter will not send emails to members asking for any type of payment or donations.



Suffolk-Nansemond Chapter of the Izaak Walton League of America

w: <https://sniwla.org>

e: info@sniwla.org

Our USPS mailing address is: S-N IWLA, P.O. Box 351, Suffolk, VA 23439

Copyright ©2025, All rights reserved.

You received this email because you subscribed to our list. You can [unsubscribe](#) at any time.

<https://eocampaign1.com/rewards/dummy?p=53e78602-e9a6-11f0-b475-4f2173c7dfa7&pt=campaign&t=1768309541&s=980f4e381074966698b11b66eca3c17743f0b2d1c05deb056dff1c88c476c602>

Powered by EmailOctopus

S-N IWLA

EO Physical Return Address

86-90 Paul Street

London

EC2A 4NE

United Kingdom

Powered by  EmailOctopus