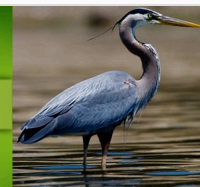


September 10th, 2024



THE IZAAK WALTON LEAGUE OF AMERICA

Suffolk-Nansemond Chapter



S-N IWLA Chapter Newsletter

The Blue Heron Times (Combined September/October 2024 Issue)

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Backyard Conservation News

AskHRgreen.org

[Chesapeake Bay Foundation](#)

[Department of Conservation & Recreation](#)

[Division of Wildlife Resources](#)

Meetings

Chapter Board of Directors meetings are held on the second Monday of each month at the Constantia House behind Baker's Funeral Home. The Directors last met at **7pm on Monday, September 9th**. Next month's board meeting will be held at **7pm on Monday, October 14th**. November's Board meeting will be at **7pm on Monday, November 11th**.

Chapter Members Dinner meetings are held on the **3rd Wednesday** of each month at the **Oakland Church Community Life Center in Chuckatuck** located at 5641 Godwin Blvd, Suffolk, VA 23434.

This month's chapter dinner meeting is at **6:30pm on Wednesday, September 18th**. The dinner menu will be a **Taco Bar** with all the trimmings, tea, and assorted desserts. The cost will be \$10. The guest speaker for this meeting is unknown at this time).

October's chapter dinner meeting is at **6:30pm on Wednesday, October 16th** for chapter Ike Jonathan Echol's annual **Fish Fry!** The guest speaker for this meeting is unknown at this time.

President's Note

September is the beginning of autumn and the fall colors. While some see this as an ending, it is a time to reflect and prepare for the upcoming colder weather. Pick vegetables; can or freeze them and prepare the garden for its sleep. Enjoy the cooler days and crisp nights. Time for bonfires. Smell the distant wood fires and the smokehouses. Time for apple picking, apple pies and fresh cider. Add a dash of wine to a mug of cider, heat and toss in a cinnamon stick for those cool evenings.

"By all these lovely tokens, September days are here. With summer's best of weather and autumn's best of cheer." --*Helen Hunt Jackson*.

Respectfully Yours,

Chris Ferguson,
Chapter President,
Suffolk-Nansemond IWLA

[Hoffler Creek Wildlife Foundation and Preserve](#)

[Nansemond River Preservation Alliance](#)

[SCCC - Suffolk Clean Community Commission Recycling](#)

[TerraScapes Environmental Consulting](#)

[The Wildlife Society](#)

[Virginia Conservation Network](#)

[Virginia Master Naturalist](#)

Classifieds

[Chuckatuck Trading Post](#)
(757)255-9295
5969 Goodwin Blvd,
Suffolk, VA 23452

[Suffolk Radio & TV Service](#)
Radio/Television Repair
(757)539-2110
536 W. Washington Street
Suffolk, VA 23434

[Appomatox River Company](#)
(757)890-0500
3009 W. Mercury Blvd.
Hampton, VA 23666

[Arzillo Recycling](#) (Scrap Metal)
(757)539-8593
Locations: Suffolk & PTMS
Blvd

Calendar of Events

For the most recent information about meetings and upcoming events, you can view our chapter website calendar online at <https://sniwla.org/sniwla/calendar>. A courtesy extract through of November is shown below:

SAT 9/7 - Chapter Youth *Fishing Rodeo.
MON 9/9 at 7pm - Board meeting.
WED 9/18 at 6:30pm - Chapter Dinner meeting TACO BAR.
FRI 9/20 at 4pm - Chapter *BBQ Fundraiser.
SAT 9/21 - CANCELED: Land-based River cleanup.
SAT 9/28 at 10am - Prospective Member Orientation.
SAT 10/12 at 9am - Suffolk *Litter Control River at Constance's Warf Park&Marina.
MON 10/14 at 7pm - Chapter Board meeting.
WED 10/16 at 6:30pm - Chapter Dinner meeting FISH FRY.
SAT 10/19 - CANCELED: Chapter Scavenger Hunt.
SAT 10/19 at 10am - Prospective Member Orientation.
SAT 10/26 at 3pm - Suffolk *Litter Control Halloween Cleanup Nansemond Brewing.
SAT 11/2 at 5:30-8pm - Chapter Campfire Roast--Members Only.
SAT 11/9 at 10am - Prospective Member Orientation.
SAT 11/9 at 8am - Chapter *Park Combo Workday & Adopt-A-Road Cleanup.
SAT 11/9 at 9am - Suffolk *Litter Control Recycle/Tire Amnesty at Carolina Rd.
MON 11/11 at 7pm - Chapter Board meeting.
WED 11/20 at 6:30pm - Chapter Dinner meeting.

*Note: Events marked with an *asterisk count towards work hour credits for meeting the chapter's annual membership volunteer participation requirement.*

Get Your 2025 Wildlife Calendars!

You can buy a DWR (Department of Wildlife Resources) 2025 wildlife calendar at the September Chapter dinner meeting sign-in table.



The cost will be \$10 each, which is 37% off retail.

Quantities are limited. Any questions please contact Virginia Wahab at wahabv@cox.net who is coordinating the sale of these DWR (Department of Wildlife Resources) wildlife calendars.

HOLIDAYS&COMMUNITY EVENTS:

MON 9/2 - Labor Day.
SAT 9/14 - Taste of Suffolk Community Event.
SUN 9/15 - First Day Hispanic Heritage Month.
SAT 9/21 - The Great Dismal Swamp National Wildlife Refuge 50th Anniversary Celebration Community Event.
MON 10/14 - Columbus Day, and Indigenous Peoples Day.
THR 10/31 - Halloween.
FRI 11/1 - First Day Indian Heritage Month.
SUN 11/3 - Daylight Savings Time ends.
TUE 11/5 - Elections Day.
THR 11/28 - Thanksgiving.
FRI 11/29 - Native American Heritage Day.

Recipe of the Month - Shrimp Etoufee



Etoufee means "smothered" in French, and refers to a sort of stew that typically consists of a roux, the Holy Trinity (onion, celery, and bell pepper), and some garlic.

This recipe for Shrimp Etoufee shown below serves 6.

Source Credit: Unknown.

Ingredients

- 1/4 cup oil
- 1/2 cup flour
- 1&1/2 lbs shrimp peeled
- 1 onion finely chopped
- 1/2 cup green onions finely chopped
- 2 garlic cloves minced
- 1/2 bell pepper chopped
- 2 stalks celery chopped
- 5 parsley sprigs chopped
- 1 large tomato peeled and finely chopped
- 1 tsp salt
- 1/8 tsp red pepper
- 1/2 tsp black pepper
- 2 drops Tobasco
- 2 TBSP lemon juice
- Rice

Instructions

Have all veggies chopped before you start.
Mix the flour and oil and cook in a large saucepan until light brown.
Add remaining ingredients.
Cover and cook on very low 30-40 minutes or until there is sufficient gravy and shrimp are done.
Service over rice.

Recap of the August Chapter Dinner Meeting

The August 21st member's meeting was held at the Oakland Community Life Center. A dinner consisting of pork loin, potatoes, green beans, salad and a variety of deserts was served. As usual, the cooking committee did an excellent job.



The guest speaker for the evening was Angela Davis (Pictured at left). She is the Horticultural Agent for the city of Suffolk. Angela's presentation was on sustainable landscaping. She defined a sustainable landscape as one that is an attractive environment that is in balance with the local climate and requires minimal inputs, such as fertilizers, pesticides and water.

The presentation focused on several specific areas of interest. Native plants, storm water runoff, soil health, water usage and composting were all discussed in greater detail.

If you are interested in more information about any of these topics a list of online resources is provided in the full news article posted on our chapter website entitled [August 21st 2024 Member's Meeting](#). For local questions or more information Angela can be contacted at awise@vt.edu or <https://suffolk.ext.vt.edu/>.



Several board members and chapter officers were sworn in for the 2024-2025 term. Pictured left to right are Gary Brown (board member), Richard Wentz (board member), Bruce Kliche (board member), Mike Lane (board member), Darden Langston (vice president), Tim Doxey (treasurer), Eric Fjell (board member), Priscilla Taylor (secretary) and Allen Kiger (board member). Vice President Darden Langston then swore in Chris Ferguson as President.

Recap of Chapter's Youth Fishing Rodeo held September 7th



Saturday morning brought overcast skies with the chance of spotty showers. Apparently, the Chapter Park was one of those spots. Participants began arriving along with a slight drizzle. The drizzle turned to a light rain but that didn't dampen the enthusiasm of the youngsters or the fish.

Twenty-one children, accompanied by a parent or guardian, participated in the event. Almost all of the children caught at least one fish, with many snagging several fish. The biggest catch of the day was an 8-inch-long catfish. Based on all of the smiling faces, the size of their catches didn't matter. The majority of the children had prior fishing experience so there weren't many "first fish" certificates, but they were all excited to share how many fish they caught and receive a certificate. There were a few "fish stories" about how many were caught.

Lunch was served to the hungry, happy anglers as the rain started to let up. After lunch there was a drawing for a youth fishing pole with some starter tackle. Emerson Holbrook (pictured here) was the lucky winner. The day was a little soggy, but it didn't dampen the enjoyment of a good day fishing. Thanks to all Chapter volunteers and to Chapter Board Member Gary Brown for stepping in to coordinate to make the event a success. Many of the young people thanked us for holding such a fun event.

To see more photos taken at this event, see the full news article posted on our chapter website entitled [September 2024 Fishing Rodeo](#).



Chapter BBQ *Fundraiser Scheduled for September 20th - Tickets Availability and Volunteer Work Roster Sign-ups

*Message from Richard Wentz, Board Member/ Fundraiser Chair.
Article reprinted from the August Chapter newsletter with revisions.*

"Members, Chapter BBQ fundraiser tickets will be available for pickup/purchase at the September 18th monthly chapter dinner meeting. Also, at the dinner meeting, if there are still vacancies for filling the remaining volunteer work roster assignments needed for this event, we will once again pass around volunteer sign-up sheets. There will be two shifts, from 3pm to 5pm, and from 5pm to 7pm. Your work hours will be credited towards the chapter's annual [membership volunteer participation requirement](#).

Tickets will be \$14 each for Chicken, BBQ, Cole Slaw, Macaroni and Cheese. *Note: At the gate on the day of the event (without a previously purchased ticket) the charge will be \$15.00.*

For my contact information see the BBQ Fundraiser event flyer posted directly below.

--Richard Wentz"

**Note: Chapter Members who volunteer to participate in this event (by signing up to help out for specific work rosters) will earn chapter work hour credits towards our chapter's [membership participation policy](#).*

Chapter BBQ Fundraiser Event Flyer Scheduled for September 20th

Click on the image shown below to download a printable PDF of the flyer. *Note: At the gate on the day of the event (without a previously purchased ticket) the charge will be \$15.00.*
Reprinted from the Chapter's August newsletter issue.

Suffolk Nansemond Izaak Walton League Fundraiser



BBQ Dinner Drive –Thru Pick Up



Friday, September 20th 3:30 PM—6:30 PM

Westminster Reformed Presbyterian
Church, 3488 Godwin Blvd, Suffolk

\$14 Ticket per person
(or \$15 at the gate)

Captain Bob's BBQ & Fried Chicken
w/ Cole Slaw, Mac & Cheese, Hushpuppies

To support the S-N IWLA Conservation Projects &
Environmental Education

Tickets are available for purchase now! To buy yours, contact:

Fundraiser Chair/Board Member Richard Wentz
e: rehwentz@gmail.com m: 757.635.1215 (*leave voicemail message*).

Flyer revision 2024-07-06

Volunteer Opportunity - Suffolk Litter Control *River Cleanup Scheduled for Saturday, October 12th.

*Message from Sam Chambers, Chapter SOS/Clean Water Liaison.
Reprinted from the Chapter's August newsletter issue.*

The Suffolk's Litter Control Department (Keep Suffolk Beautiful) is coordinating a Nansemond River Cleanup on **Saturday, October 12th at 9am**. Volunteers should plan to assemble at 9am at the CONSTANTS WHARF PARK AND MARINA (Hillton Garden Inn).

Suffolk's Litter Control Department will provide cleanup supplies at the site. Volunteers planning to participate by boat should bring their kayak or canoe. Long grabbers will be distributed to those using boats. Stay updated by following Keep Suffolk Beautiful on Facebook and Instagram. See <https://www.suffolkva.us/1244/Nansemond-River-Cleanup> for more information.

For those chapter members who participate I will write down your names and pass them on to the Membership Chair/Webmaster so that you receive chapter volunteer work hour credits.

--Sam

**Note: Although our Chapter is not coordinating this event, those Chapter Members who volunteer to participate in this event will earn chapter work hour credits towards our chapter's [membership participation policy](#).*

Chapter Campfire Roast at the Park Planned for November 2nd - Members Only



We're planning to have a campfire members-only weenie roast at the chapter park on **November 2nd from 5:30-8pm**.

If you're interested in coming out for some camaraderie around the campfire we'll provide the hotdogs, marshmallows, and s'mores. Should be fun!

Please R.S.V.P Chapter Ike Elaine Doxey at emdoxey@gmail.com if you are planning to attend. Look for more details in a follow-up eblast as we get closer to this scheduled event.

Stock Photo courtesy of freepick.com

[forward to a friend](#)

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