

July 10th, 2024



THE IZAAK WALTON LEAGUE OF AMERICA

Suffolk-Nansemond Chapter



S-N IWLA Chapter Newsletter

The Blue Heron Times (July, 2024 Issue)

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 Suffolk Nansemond Chapter of
 the Izaak Walton League of
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IWLA State/National

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Backyard Conservation News

AskHRgreen.org

Chesapeake Bay Foundation

Department of Conservation & Recreation

Division of Wildlife Resources

Hoffler Creek Wildlife Foundation

Meetings

Chapter Board of Directors meetings are held on the second Monday of each month. They last met at 7pm on **Monday, July 8th** at the Constantia House behind Baker's Funeral Home. Next month's Board meeting will be at 7pm on **Monday, August 12th** at the same location.

Chapter Members Dinner meetings are held on the 3rd Wednesday of each month. The next chapter dinner meeting will be held at **6:30pm on Wednesday, July 17th**, at the Oakland Church Community Life Center in Chuckatuck located at **5641 Godwin Blvd, Suffolk, VA 23434**.

Note: This facility is located approximately 7 miles from the Kings Fork Community Center.

The dinner menu will be baked ziti, garlic bread, side salad, tea, and assorted desserts. The cost will be \$10.

Cathy Fox from the Stop the Bleed program is our guest speaker for this dinner meeting. Some of the program is hands-on with tourniquets.

Elections for Chapter Officers and Board Members

At the July chapter dinner meeting, the Nominations Chair will conduct chapter elections for officers and board members to serve for the 2024-2025 term.

President's Note

Summer came into town with a vengeance. Please be careful while enjoying the outdoors, use sunscreen and stay hydrated. Also, it is dry, so please take care with any fires or spark producing equipment. It also looks to be an active hurricane season, so have a plan and be prepared.

We will be having another Captain Bob's BBQ fundraiser in September. I have recently had the opportunity to sample their buffet in Hertford. Was the weather not so hot (I was working outside) I would have had seconds or thirds.

I am looking forward to having another dinner meeting at the Oakland Church Community Life Center. The facilities are great, and it is still convenient to get to.

"And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar

and PreserveNansemond River Preservation AllianceSCCC - Suffolk Clean Community Commission RecyclingTerraScapes Environmental ConsultingThe Wildlife SocietyVirginia Conservation NetworkVirginia Master Naturalist**Classifieds**Chuckatuck Trading Post
(757)255-9295
5969 Goodwin Blvd,
Suffolk, VA 23452Suffolk Radio & TV Service
Radio/Television Repair
(757)539-2110
536 W. Washington Street
Suffolk, VA 23434Appomatox River Company
(757)890-0500
3009 W. Mercury Blvd.
Hampton , VA 23666Arzillo Recycling (Scrap Metal)
(757)539-8593
Locations: Suffolk & PTMS
Blvd**Calendar of Events**

You can review our full chapter website calendar online at <https://sniwla.org/sniwla/calendar> for the most recent information about meetings and upcoming events. A courtesy extract through the end of **August** is shown below:

MON 7/8 at 7pm - Board meeting.
SAT 7/13 and SUN 7/14 - S-N IWLA Youth Members-Only Archery Training Sessions.
MON 7/15 through 7/17 - IWLA National Convention.
WED 7/17 at 6:30pm - Chapter Dinner meeting.
TUE 8/6 - Closure of Chapter Firing Range in Support of National Night Out (NNO) community event.
MON 8/12 at 7pm - Board meeting.
WED 8/21 at 6:30pm - Chapter Dinner meeting.
SAT 8/24 at 8am - *Chapter Park Work Day.

*Note: Events marked with an *asterisk count towards work hour credits for meeting the chapter's annual membership volunteer participation requirement.*

HOLIDAYS and COMMUNITY EVENTS

7/4 - Independence Day
8/6 - National Night Out Suffolk Community Event

conviction that life was beginning over again with the summer." - F. Scott Fitzgerald

Respectfully Yours,

Chris Ferguson,
Chapter President,
Suffolk-Nansemond IWLA

Get Your Tickets for the Chapter BBQ Fundraiser Planned for September 20th.

Message from Richard Wentz, Board Member/Fundraiser Chair

"I will have the tickets printed and available for pickup/purchase at the July dinner meeting. Tickets will be \$14 each for Chicken, BBQ, Cole Slaw, Macaroni and Cheese."

See the BBQ event flyer posted later in this newsletter for more information.

Recipe of the Month - FLOUNDER WITH BROWN BUTTER, LEMON AND TARRAGON

Source Credit: June 2024 www.fishingandhuntingjournal.com Yield: 4 servings



Ingredients

- 1 cup all-purpose flour
- Salt and pepper
- Pinch of cayenne
- 1 tablespoon olive oil
- 4 flounder fillets of equal size, 6 to 8 ounces each
- 3 tablespoons cold unsalted butter, cut into chunks
- 1 tablespoon lemon juice
- 2 tablespoons roughly chopped parsley
- 1 teaspoon roughly chopped tarragon
- A few tarragon leaves, for garnish
- Lemon wedges

Instructions

Step 1 Put flour in a low bowl or pie plate and stir in a generous amount of salt and pepper and a pinch of cayenne.

Step 2 Place a large cast-iron skillet over medium-high heat. Add olive oil and tilt pan to coat bottom.

Step 3 Season the fillets lightly with salt and pepper. Dip each fillet quickly into flour mixture, shaking off excess flour.

Step 4 Lay fillets in skillet in one layer. Cook for about 2 minutes per side, until golden. Transfer cooked fish to a warm platter.

Step 5 Leave the heat at medium-high and add cold butter. Let butter sizzle until foamy and brown, but do not let it burn. Add lemon juice, parsley and chopped tarragon and swirl to incorporate.

Step 6 Spoon butter sauce over fish. Garnish with a few tarragon leaves and serve immediately with lemon wedges.

Recap of the Chapter June Dinner Meeting

While enjoying a delicious baked chicken dinner, those members attending the meeting were able to get a firsthand look at the Oakland Church Community Life Center in Chuckatuck. The facility is being considered as a potential venue for chapter meetings.

Four new members were sworn in by President Chris Ferguson. Pictured below from left to right are James Lacey, Ryan Blake, Shawn Bailes and Kenton Givens. Welcome to the chapter gentlemen!



Aron Zielezinski and Terry Nienaber were the guest speakers for the evening. Aron, pictured on the right, is a member of the Board of Directors of the Tidewater Turners and Terry is the current President of the Tidewater Woodworkers Guild. Their presentation included details of their respective wood craft organizations, a short history of the wood lathe as well as their purple heart veterans' program. They also brought examples of their wood working skills. For those interested in learning more about various forms of woodworking, Aron can be reached at Roughcraftllc@gmail.com. Terry can be reached at twwguild@gmail.com.

Chapter awards committee chair David Purdue presented Ava Gonzales, pictured here, with one of the two \$1,000.00 scholarship awards for 2024. Ava is a local Suffolk resident and plans to attend George Mason University where she will major in Environmental Science. She aspires to become an environmental protection specialist in either the US Department of the Interior or the Environmental Protection Agency.



David had also presented the chapter's second \$1,000.00 award earlier in the week to Claire Conner at her home in Chesapeake, pictured below. Claire is currently considering notifications from other colleges but has been accepted at Stony Brook University. She intends to study environmental policy and plans to go on

to law school after obtaining her bachelor's degree.



This news article is also posted on our chapter website at <https://sniwla.org/sniwla/june-2024-members-meeting/>.

S-N IWLA Members-Only Youth Archery Training Sessions Scheduled for July 13th-14th.

Message from Chris Trimpey, Chapter Board Member and Youth Coordinator
REPRINTED FROM THE JUNE, 2024 Chapter Newsletter Issue

Our chapter Archery Chair, Greg Syvertson, will be conducting members-only Youth Archery Training sessions over a two day period. These are scheduled for:

- Saturday, July 13th from 10am to 12pm.
- Sunday, July 14th from 1pm to 3pm.

Ages 8-13 and children must be accompanied by a parent or guardian. Note: seating is limited--there is a 10 child limit. Please contact Greg at gregorysyvertson@gmail.com to sign-up for this event.

Fall Chapter BBQ Fundraiser Event flyer Scheduled for September 20th



Suffolk Nansemond Izaak Walton League Fundraiser



BBQ Dinner Drive –Thru Pick Up



Friday, September 20th 3:30 PM—6:30 PM

Westminster Reformed Presbyterian
Church, 3488 Godwin Blvd, Suffolk

\$14 Ticket per person
(or \$15 at the gate)

Captain Bob's BBQ & Fried Chicken
w/ Cole Slaw, Mac & Cheese, Hushpuppies

To support the S-N IWLA Conservation Projects &
Environmental Education

Tickets are available for purchase now! To buy yours, contact:

Fundraiser Chair/Board Member Richard Wentz
e: rehwentz@gmail.com m: 757.635.1215 (leave voicemail message).

Flyer revision 2024-07-06

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