

April 9th, 2024



THE IZAAK WALTON LEAGUE OF AMERICA

Suffolk-Nansemond Chapter



S-N IWLA Chapter Newsletter

The Blue Heron Times (April, 2024 Issue)

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 America

IWLA State/National

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Backyard Conservation News

AskHRgreen.org

[Chesapeake Bay Foundation](#)

[Department of Conservation & Recreation](#)

[Division of Wildlife Resources](#)

[Hoffler Creek Wildlife Foundation](#)

Meetings

Chapter Board of Directors meetings are held on the second Monday of each month. The Board last met at 7pm on **Monday, April 8th** at the Constantia House behind Baker's Funeral Home. Next month's Board meeting will be held at 7pm on **Monday, May 13th** at the same location.

Chapter Members Dinner meetings are held on the 3rd Wednesday of each month.

The next dinner meeting will be held at the [Kings Fork Community House](#) on Kings Fork Road at **6:30PM on Wednesday, April 17th**. The dinner menu will be meatball subs, with sides, tea, water, and desserts. The cost will be \$10.

The guest speaker will be David S. Rosenthal whose job title is CLM (Certified Lake Manager) /Reservoir Manager, Lake Star Home Coordinator. He will speak on the topic of "Norfolk Lakes & Waterworks".

Calendar of Events

You can review our full chapter website calendar online at <https://sniwla.org/sniwla/calendar> for the most recent information about meetings and upcoming events. A courtesy extract through the end of May is shown below:

BBQ Fundraiser is this Coming Friday, April 12th

Message from Richard Wentz, Board Member/Fundraiser Chair

Members, a reminder that our chapter BBQ fundraiser will be held this coming **Friday, April 12th from 4pm to 7pm**. Please continue to help sell BBQ tickets to help make our chapter fundraiser a success. To get more tickets through April 11th, please email rehwentz@gmail.com or leave a voice message on my cell at 757-635-1215 to schedule a time and place to pick up your tickets. Also, see the BBQ flyer shown later in this newsletter for more information. Thanks to the volunteers who filled both work rosters for this event (3-5pm and 5-7pm shifts). See you there!

Teddy Bear Hunt Scheduled for April 27th

Message from Board Member/Youth Coordinator Chris Trimpey

Reminder, the cutoff to R.S.V.P to me for the Teddy Bear Hunt event is **April 13th**. Please see the Flyer posted later in this newsletter for my contact information and for more information.

[and Preserve](#)

[Nansemond River Preservation Alliance](#)

[SCCC - Suffolk Clean Community Commission Recycling](#)

[TerraScapes Environmental Consulting](#)

[The Wildlife Society](#)

[Virginia Conservation Network](#)

[Virginia Master Naturalist](#)

Classifieds

[Chuckatuck Trading Post](#)
(757)255-9295
5969 Goodwin Blvd,
Suffolk, VA 23452

[Suffolk Radio & TV Service](#)
Radio/Television Repair
(757)539-2110
536 W. Washington Street
Suffolk, VA 23434

[Appomatox River Company](#)
(757)890-0500
3009 W. Mercury Blvd.
Hampton, VA 23666

[Arzillo Recycling \(Scrap Metal\)](#)
(757)539-8593
Locations: Suffolk & PTMS
Blvd

MON 4/1 - Scholarship Applications are Due.
MON 4/8 at 7pm - Board meeting.
FRI 4/12 at 4pm - *BBQ Fundraiser.
SAT 4/13 at 8am - *Park Maintenance Work Day.
WED 4/17 - Monthly Dinner meeting.
SAT 4/20 at 9am - .22 Rimfire Members-Only Shooting Competition.
SAT 4/20 at 10am - Prospective Member Orientation.
SAT 4/27 at 8am - Youth Committee meeting at the park (prior to the Teddy Bear activities commencing at 0900).
SAT 4/27 at 9am - TBH Volunteers need to be at the park NLT 0900 to be ready for the children to start hunting Teddy Bears at 10am. RANGES WILL BE CLOSED.
SAT 4/27 at 10am - *Teddy Bear Hunt (TBH).
SAT 5/11 at 8am - *Park Maintenance Work Day.
SAT 5/11 at 9am - *SCCC Recycling Drive/Tire Amnesty.
MON 5/13 at 7pm - Board meeting.
SAT 5/18 at 1130am - Members Picnic at the Park.
SAT 5/25 at 10am - Prospective Member Orientation.

*Note: Events marked with an *asterisk count towards work hour credits for meeting the chapter's annual membership volunteer participation requirement.*

HOLIDAYS and COMMUNITY EVENTS:

4/1 - Easter Monday.
4/20 - Suffolk Earth & Arts Festival
5/5 - Cinco de Mayo
5/12 - Mother's Day
5-27 - Memorial Day

President's Note

It is April! Signs of spring are all around us. Flowers are blooming, birds are nesting, and the trees are budding out. Soon the hummingbirds will return to my feeders. It is time to clean up and take out the trash, both physically and mentally. Clean up the flowerbeds, the yard, and your mind. Let us move forward and enjoy the many activities we have planned for this year.

"No winter lasts forever; no spring skips its turn. April is a promise that May is bound to keep, and we know it." – Hal Borland.

Respectfully Yours,

Chris Ferguson,
Chapter President,
Suffolk-Nansemond IWLA

Chapter Scholarships are Closed

*Message from David Perdue,
Chapter Scholarship Chair*

Just a reminder that applications for chapter scholarships were closed on April 1st, 2024. All fully completed applications that were received will be reviewed by the Scholarship Committee and the winner(s) will be presented to the chapter Board of Directors for approval at the May chapter board meeting. The winner(s) will be presented with their awards in June.

Message from Eric Fjell, Chapter Shooting Coordinator

Members, please help us keep the park neat and clean. A reminder, when using the shooting range, always remember to pick up your brass and shot gun hulls.

Also, see the article posted later in this newsletter reminding you of our scheduled .22 Rimfire Members-Only shooting competition on **Saturday, April 20th** at the chapter park.

Thank you.

Park Workday Scheduled for Saturday, April 13th at 8am

Message from Board Member/Park Manager Jimmy Fanny

Members, we need your help! There's a lot to be done to spruce up the park for our upcoming late April Teddy Bear Hunt. Also, time permitting, the ditches alongside our driving paths need to be cleaned out to "shovel-depth" to ensure adequate drainage.

A park workday is scheduled for Saturday April 13th and members should plan to assemble at the park gazebo at 8am to review the work that needs to be done. Please bring lawn care equipment including mowers, trimmers, leaf blowers, and rakes; also bring shovels, chain saws and pruning tools (for trimming bushes and overhanging tree limbs). Wear heavy work boots, gloves, and bring sunscreen lotion, insect repellent, hearing protection, and safety glasses.

Chapter Ikes who participate will have their work hours tallied and credited towards the annual chapter member [volunteer participation requirement](#).

Youth Committee is Working with an Arborist

Message from Board Member/Youth Coordinator Chris Trimpey

You may see survey flags with numbers and/or survey tape marking trees and/or other plants in the park. The Youth Committee is working with an ARBORIST to identify trees and other plants in the park in support of future Youth Activities.

Please DO NOT disturb or remove any marking(s.)

For questions, please contact either Chris Trimpey (757) 449-4910 or Gary Brown (757) 642-0008.

Recipe of the Month - Meat Sauce, Bolognese Style with Pasta



Source Credit: *THE CLASSIC ITALIAN COOK BOOK,*
THE ART OF ITALIAN COOKING AND THE ITALIAN ART OF EATING
Marcella Hazan
ALFRED A. KNOPF
New York 1980

Makes 6 servings

Ingredients

- 2 tablespoons chopped yellow onion
- 3 tablespoons olive oil
- 3 tablespoons butter
- 2 tablespoons chopped celery
- 2 tablespoons chopped carrot
- 3/4 pound ground lean beef, preferably chuck
- Salt
- 1 cup dry white wine
- 1/2 cup milk
- 1/8 teaspoon nutmeg
- 2 cups canned Italian tomatoes, roughly chopped, with their juice.
- 1 lb box of pasta (Bow Ties, or Penne)

EQUIPMENT: An earthenware pot or use a deep, heavy, enameled cast-iron casserole.

Instructions

Put in the chopped onion, with all the oil and butter, and sauté briefly over medium heat until just translucent. Add the celery and carrot and cook gently for 2 minutes. Add the ground beef, crumbling it in the pot with a fork. Add 1 teaspoon salt, stir, and cook only until the meat has lost its raw, red color. Add the wine, turn the heat up to medium high, and cook, stirring occasionally, until all the wine has evaporated. Turn the heat down to medium, add the milk and the nutmeg, and cook until the milk has evaporated. Stir frequently. When the milk has evaporated, add the tomatoes and stir thoroughly. When the tomatoes have started to bubble, turn the heat down until the sauce cooks at the laziest simmer, just an occasional bubble. Cook, uncovered, for a minimum of 3&1/2 to 4 hours, stirring occasionally. Taste and correct for salt. Serve over cooked pasta.

NOTE: sauce Can be kept in the refrigerator for up to 5 days, or frozen. Reheat until it simmers for about 15 minutes before using.

Recap of the March 16th Nansemond River Cleanup



Saturday March 16th turned out to be a beautiful spring day. What do you do on a beautiful spring day? Several Chapter members decided to go out and pick up other people's trash!

Four dedicated Ikes supported the Suffolk City Clean Up. Sam Chambers (pictured left), the Chapter's Save Our Streams Chairman, organized the event in conjunction with the City of Suffolk's Litter Control Office. Our members managed to collect 19 bags of trash, a partial shopping cart, a broken fishing rod, and several large cardboard boxes.

Chapter turnout for the event was significantly less than expected but those who participated were treated to spectacular views of the Nansemond River. Until you get involved with a River Clean-up event, you may never get a chance to enjoy the beauty of the river that runs right through the middle of our city. Although there was plenty of trash to pick up, volunteers were able to stop from time to time to take in the views, reflected in photographs posted on our chapter website that you will find in the full news article entitled [March 2024 Nansemond River Cleanup](#).

Recap of March 20th Chapter Dinner Meeting



The guest speaker for the evening was Dave Bossellman, President of the Agriculture Committee for the city of Suffolk. His presentation was about the recently formed Agriculture Committee and their goals for keeping agriculture a viable part of Suffolk's heritage and economy. It was noted that the 2035 city plan for development did not include consideration for agricultural land. The city is currently working on a 2045 development plan. Feedback from citizens is being accepted until **April 8th, 2024**. See www.suffolk2045.org for more information.

After the guest speaker presentation, three new chapter members were sworn in by President Chris Ferguson. Pictured below from left to right are Roger Sap, Charles Huber and Dean Heald. Welcome to the chapter gentlemen!



Also, Chapter Board Member/Youth Program Coordinator Chris Trimpey gave an update on the planning for the April 27th Teddy Bear Hunt. Chris still needs additional volunteers for the event. Volunteers are what make our events successful so please, contact Chris at trimpey@hotmail.com or 757-449-4910. Members were also reminded that BBQ tickets are on sale for the April 12th BBQ fundraising event. Additional tickets need to be sold to ensure our minimum goal is reached. Tickets can be obtained by contacting Chapter Board Member/Fundraiser Chair Richard Wentz at rewentz@gmail.com or 757-635-1215 (leave a voice mail message).

For the full article recapping our March Chapter dinner meeting, see the news posting on our chapter website at: <https://sniwla.org/sniwla/march-20th-2024-members-meeting/>.

Flyer for Chapter *BBQ Fundraiser scheduled for April 12th

Reprinted from March's newsletter issue

Click on the flyer shown below to download a printable version.



Suffolk Nansemond Izaak Walton League
Fundraiser



BBQ Dinner Drive –Thru Pick Up



Friday, April 12th 4 PM—7 PM

Westminster Reformed Presbyterian
Church 3488 Godwin Blvd, Suffolk

\$13 Ticket per person

Captain Bob's BBQ & Fried Chicken
w/ Cole Slaw, Mac & Cheese, Hushpuppies

To support the SN-IWLA Conservation Projects &
Environmental Education

Tickets are available for purchase now! To buy yours, contact either:

Fundraiser Chair/Board Member Richard Wentz
e: rehwentz@gmail.com m: 757.635.1215 (leave voicemail message).

22 Rimfire Members-Only Shooting Competition April 20th

Message from Eric Fjell, Chapter Shooting Coordinator

Reprinted from March's newsletter issue

On Saturday, April 20th, at 9am we will conduct a Members-Only .22 rimfire shoot competition. There will be four classes; 25 yard open sighted handguns, 50 yard scoped handguns, 50 yard open sighted rifles, and 100 yard scoped rifles. Ammunition will be limited to .22 caliber rimfire; short long, or long rifle, subsonic or high velocity. Each distance and firearm combination will cost \$5. We will have sign up sheets and will be taking entry fees at the April chapter dinner meeting or on the day of the event. Early sign ups will help us gauge the number of competitors.

Flyer for Chapter *Teddy Bear Hunt scheduled for April 27th

Reprinted from March's newsletter issue.

Chapter Board Member/Youth Coordinator Chris Trimpey has been busy lining up the resources we will need to support this year's annual chapter Teddy Bear Hunt. He is the central point of contact for registering families and their children who want to participate in this open-to-the-public event. **Cutoff to R.S.V.P for registration is April 13th.** Also, he needs help from our membership to fill all of the work rosters needed to make this event a success, so Members, please reach out to him if you are available to help on the day of this event. *Note: Chapter members who volunteer to help out at this event will receive chapter work hour credits for their time in accordance with our chapter's [membership participation policy](#).

See the flyer below for more information. Click on it to download a printable version. Any questions, please contact Chapter Board Member/Youth Coordinator [Chris Trimpey](#).



2024 Suffolk-Nansemond IWLA Teddy Bear Hunt

Date: Saturday, April 27th, 2024

Time:

10:00 - 12:00 Teddy Bear Hunt (Ages: 3-10)
11:30 - 1:00 Lunch
1:00 - 3:00 Explore the park (Bring your favorite fishing pole and fish or just relax).

Location: 480 Kings Fork Rd, Suffolk, VA 23434

Cost: \$15 per family (covers parents/guardians and 1 child), \$5.00 extra for each additional child). Lunch is included for all.
 Limited spaces are available, so please RSVP no later than April 13th, 2024 to Chris_Trimpey@hotmail.com or 757-449-4910.

A fun-filled family day of nature brought to you by the Suffolk-Nansemond Chapter of the Izaak Walton League

Volunteer Opportunity - SCCC *Recycling Drive and Tire Amnesty Has Been Rescheduled for May 11th

The Suffolk Clean Community Commission (SCCC) Recycling Drive and Tire Amnesty Day, originally scheduled in late March but postponed due to inclement weather has been rescheduled. The new date/time is **Saturday, May 11th from 9am to 12pm** at the 800 Carolina Road facility. At this event, Suffolk residents can responsibly dispose of various items such as common recyclables (#1-2 plastic bottles, cardboard, paper), household hazardous waste, clothing, electronics, appliances, scrap metal, residential tires, eyeglasses/hearing aids, plastic bags, and decommissioned US flags. They also have secure document shredding available on-site, and will be taking donations of non-perishable food and toiletries. *Note: Chapter members who volunteer to help out at this event will receive chapter work hour credits for their time in accordance with our chapter's [membership participation policy](#).

IWLA National Press Release - 100th Anniversary of Creation of Upper Mississippi River National Wildlife and Fish Refuge

*Creating the Upper Mississippi River Refuge in 1924 Kicked Off the Modern Conservation Movement
Excerpt posted from press release dated February 2nd, 2024 by IWLA National Communications
Director Michael Reinemer*

During 2024, conservation groups in the U.S. will celebrate the 100th anniversary of the creation of the Upper Mississippi River National Wildlife and Fish Refuge. In events, exhibits and publications during the year, the refuge will be recognized for its value as wildlife habitat and a resource for outdoor recreation while also acknowledging that the river faces a host of environmental challenges today. Establishing the refuge in 1924 was a monumental achievement due almost wholly to the efforts of the Izaak Walton League of America. The campaign to protect the upper Mississippi didn't just establish the largest wildlife refuge of its time, it created the template for the modern conservation movement that helped produce a wave of grassroots actions that would ultimately drive dozens of major conservation achievements in the decades that followed. The Izaak Walton League was created in Chicago, January 1922, and many of its early chapters and members came from the Midwest. 100 Years Later: Today, this refuge protects 240,000 acres of the Mississippi floodplain and wetlands along 261 miles of the river, from Wabasha, Minnesota, to Rock Island, Illinois. The refuge continues to provide essential habitat for fish and wildlife species in the region including 57 mammals, 260 fish, 37 freshwater mussels and 45 amphibians and reptiles. For the full press release, see the IWLA National website URL <https://www.iwla.org/publications/news/press-release/2024/02/02/UpperMisspress>.

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