

September 13th, 2022



THE IZAAK WALTON LEAGUE OF AMERICA

Suffolk-Nansemond Chapter



S-N IWLA Chapter Newsletter

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 Suffolk Nansemond Chapter of the
 Izaak Walton League of America

IWLA State/National

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Backyard Conservation News

AskHRgreen.org

[Chesapeake Bay Foundation](#)

[Department of Conservation & Recreation](#)

[Division of Wildlife Resources](#)

[Hoffler Creek Wildlife Foundation and Preserve](#)

[Nansemond River Preservation Alliance](#)

[SCCC - Suffolk Clean Community Commission Recycling](#)

The Blue Heron Times (September, 2022 Issue)

Meetings

The Chapter's Board of Directors met at **7pm on Monday, September 12th** at the Constantia House behind [Baker's Funeral Home](#). Next month's Board meeting will be at **7pm on Monday, October 10th (Columbus Day)** at the same location.

The Chapter Members Dinner meeting will be held at the [Kings Fork Community House](#) on Kings Fork Road on **Wednesday, September 21st at 6:30PM**.

The dinner meal will be prepared by renowned Chef Chapter Ike Vic Pisani, with help from the Chapter Cooking committee, and the menu is baked ziti, tossed salad, garlic bread, with tea and assorted desserts. The cost will be \$10. The guest speaker is unconfirmed at the time of this publication.

Calendar of Events

You can review our full chapter website calendar online at <https://sniwla.org/sniwla/calendar> for the most recent information about meetings and upcoming events. A courtesy extract through the end of October is shown below:

FRI 9/9 4-7pm - *Chapter BBQ Fundraiser.
 SAT 9/10 8am - *Chapter Park Maintenance Workday.
 MON 9/12 7pm - Chapter Board meeting.
 SAT 9/17 9am-1pm - *Recycling Drive (Keep Suffolk Beautiful).
 WED 9/21 6:30pm - Chapter dinner meeting.

President's Note

Autumn is beginning. While some see this as an ending, it is a time to reflect and prepare for the coming colder weather. Pick the vegetables; can or freeze them and prepare the garden for its sleep. Enjoy the cooler days and crisp nights. Time for bonfires. Smell the distant wood fires and the smokehouses. Time for apple picking, apple pies and fresh cider.

I believe we had good participation and a good turnout for the BBQ fundraiser. Many thanks to those who sold tickets and then helped with distribution. Members, please remember to turn in BBQ ticket money at the chapter dinner meeting in September.

"How beautifully leaves grow old. How full of light and color are their last days." --George Burns

Respectfully Yours,

Chris Ferguson,
 Chapter President,
 Suffolk-Nansemond IWLA

[TerraScapes Environmental Consulting](#)

[The Wildlife Society](#)

[Virginia Conservation Network](#)

[Virginia Master Naturalist](#)

Classifieds

[Chuckatuck Trading Post](#)

(757)255-9295
5969 Goodwin Blvd,
Suffolk, VA 23452

[Suffolk Radio & TV Service](#)

Radio/Television Repair
(757)539-2110
536 W. Washington Street
Suffolk, VA 23434

[Appomatox River Company](#)

(757)890-0500
3009 W. Mercury Blvd.
Hampton, VA 23666

[Arzillo Recycling \(Scrap Metal\)](#)

(757)539-8593
Locations: Suffolk & PTMS Blvd

Shop at AmazonSmile

and Amazon will make
a donation to:

Izaak Walton League Of America Inc
Suffolk-Nansemond Chapter

See <http://sniwla.org/sniwla/donations-2/>

amazon smile

SAT 9/24 9am - Chapter Center Fire
Member Competition.

SAT 10/1 9am-12pm - *River Cleanup.

FRI 10/7-10/9 - Suffolk Peanut Festival.

MON 10/10 7pm - Chapter Board meeting.

MON 10/10 - Columbus Day & Indigenous

People's Day.

SAT 10/15 - IWLA VA Division Meeting at
Alexandria Chapter.

SAT 10/15 9am-12pm - *Chapter Adopt-A-Road
Cleanup.

WED 10/19 6:30pm - Chapter dinner meeting.

MON 10/31 - Halloween.

Note: Events marked with an *asterisk count
towards work hour credits for meeting the
chapter's annual membership volunteer
[participation requirement](#).

Chapter Dues Increase

After much discussion, the Board of
Directors voted to increase the
[chapter dues](#) for 2023. The individual
dues will increase \$25 for a total of
\$130 and the family membership
dues will increase \$27 for a total of
\$160.

The chapter has encountered
numerous expenses with limited
opportunities for fund raising during
the pandemic. Primarily the work
undertaken has been to re-certify and
repair our dam. We have paid for
core sampling to verify the integrity
and begun planning and consulting
with an engineer to replace the aging
and corroding primary spillway. We
also have an opportunity to purchase
an estate-held property bordering our
park, precluding the possibility of the
property being developed.

It was decided it was best to raise
dues in 2023 to begin a hedge
against expected (but unknown)
expenses, rather than play catchup
after the fact.

Recipe of the Month - Crockpot Shredded Chicken

Source Credit: [This Farm Girl Cooks](#)



Ingredients

- 2 lbs. boneless, skinless chicken thighs
- 2 10 oz. cans diced tomatoes & green chilies, undrained
- 2 15 oz. cans black beans, rinsed and drained
- 3-4 tsp minced garlic
- 1 small jalapeno pepper, finely diced
- 1.5 Tbsp hickory-flavored liquid smoke
- 2 tsp ground cumin
- 1 Tbsp chili powder
- 1 tsp smoked paprika
- 2 tsp dried oregano
- 1 tsp cayenne pepper, to taste
- Salt and black pepper
- 2 limes, quartered
- ¼ c. fresh cilantro, chopped, for garnish

Optional: serve with salsa and sour cream.

Instructions

1. Place chicken thighs in the bottom of a 5 or 6-quart slow cooker. Top with tomatoes, black beans, garlic, jalapeno pepper, liquid smoke, cumin, chili powder, smoked paprika, oregano, and cayenne pepper.
2. Season with salt and black pepper, to taste. Stir to combine, making sure the chicken thighs are coated and submerged in the liquid.
3. Cover and cook on high for 3-4 hours or low for 6-8 hours. 30 minutes before serving, remove lid and shred chicken while in the slow cooker with two forks. Stir to combine shredded chicken with other ingredients. Cover and cook for remaining 30 minutes to allow chicken to absorb the flavors.
4. Squeeze fresh lime juice into the crock. Season with additional salt and black pepper, if desired.
5. To serve, spoon chicken mixture over plain rice or cilantro-lime rice. Serve with remaining lime wedges or cilantro.

Recap of Chapter Barbecue Fund Raiser held September 9th



On the afternoon of September 9th, about a dozen chapter volunteers arrived at the Westminster Church to receive instructions from Captain Bob's staff for dispensing barbecue and fried chicken meals in to-go containers.

Chapter Fundraiser Chair Richard Wentz was on hand to make sure things ran smoothly as member volunteers began to direct traffic into the parking lot, collect money/tickets, and bag the meals along with homemade desserts and hot sauce packets.

The food was delicious and afterwards Richard thanked all the chapter members who had helped to make this fundraising event a success by baking cookies/preparing desserts and signing up to help out on the day of the event.

Thanks to all who participated!

For more photos of chapter Ikes in action at this fundraising event, see the website article entitled [Barbecue Fundraiser September 2022](#) under the News menu.



Recap of Chapter Park Maintenance Workday held September 10th



On the morning of September 10th, about a dozen chapter Ikes showed up with sleeves rolled up to tackle the tasks on chapter Park Manager Jimmy Fanny's list including trimming the dam and spillway overflow area, trimming overhanging limbs, digging out hardwood roots on the front face of the dam, and cleaning out ditches to shovel depth alongside the paths.

At noon, the work crew gathered at the gazebo and chapter President Chris Ferguson cooked up some hot dogs and toasted some buns, served alongside ham sandwiches, assorted chips, cold bottled water, canned beverages, and homemade cookies.

A lot was accomplished but there is still a lot of grass cutting that needs doing throughout the park, and the backside of the dam still needs additional trimming. Thanks to all who participated in this park workday cleanup event.

See more photos of our chapter Ikes in action at the park in the website article entitled [Park Workday September 2022](#) under the News menu.



Community Recycle Event Volunteer Opportunity - Saturday, 9/17 at 9am



As announced in the recent Suffolk e-News email newsletter, Keep Suffolk Beautiful is pleased to announce its next *Recycling Drive for Suffolk residents, which takes place on **Saturday, September 17, 2022, from 9 a.m. until 1 p.m.** at Nansmond River High School located at 3301 Nansmond Parkway.

Document shredding; Recycling of: Electronics (No tube TV's or TV's larger than 42 inches), Gently used clothing, Wares, Batteries, Plastic bottles, and jugs #1 & #2, Cardboard, paper, and magazines, Plastic bags, Large appliances, Glass containers; SPSA Waste Solutions will also be on site to collect household hazardous waste* to include: Oil, Gasoline, Cleaners, Propane, tanks, Paint, Pesticides, CFL lightbulbs and more (*The disposal of such items is limited to either 75 pounds, or five liquid gallons. Suffolk residents must provide proof of residency.); Lion's Club will be collecting: Eyeglasses, Hearing aids; Boy Scouts will be collecting U.S. flags in need of being properly decommissioned; Donations of non-perishable food items, toiletries, deodorant, and soaps will be accepted. All collected items will then be donated to ForKids; In addition, Suffolk Mosquito Control will be present to give out information, as well as provide Suffolk residents with packs containing two mosquito dunks. *For more information visit <http://www.suffolkva.us/339/Recycling-Drives> or call 757-514 7604 email: ksb@suffolkva.us.*

**Although this event is not managed by the chapter, we allow our members to earn chapter participation requirement work hour credits by participating in this city-sponsored event and filling out/submitting a work hours credit form to any chapter officer/board member or to the chapter Membership Chair.*

Members' Shooting Competition - Saturday, 9/24 at 9am at chapter park.

Message contributed by Eric Fjell, Chapter Shooting Coordinator

A centerfire firearm shoot will be held at our chapter park firing range on **September 24, 2022 at 9:00 AM.**

- Members in good standing and their guests (with the sponsoring member present) may compete.
- A liability release ([signed range agreement form](#)) must be on file or filled out for all participants.
- Rifles should be in accordance with SN-IWLA rules. Factory ammo or handloads may be used. Shotguns may be used with SLUG ammo.
- Shooters will be allowed 5 shots on target. Scoring will be the sum of the rings the shots fall in.
- In the event of a tie, the smallest group will win. If there is still not a clear winner, a shoot off will be conducted.
- Shooters should bring sufficient ammo. No more than two fouling shots are allowed.
- Participants will be limited to the first 15 signups. There is a 50 yard class for open sights and 100 yard class for scoped firearms. You may choose to compete with open sights in the 100 yard class. You may shoot more than one firearm per class and both classes if you sign up for both.
- Cost will be \$5 per firearm.

Please RSVP by the September Banquet at kefjell@comcast.net or (651) 373-4620; I may not answer, leave a message. Walk-ons spaces may be available the morning of the match. Anyone wishing to assist with the match, please contact me. Participants and volunteers must wear protective eyewear and hearing protection. The rangemaster or his assistant shall have control of the range at all times and will declare the range "hot" or "cold". Anyone observing a safety violation may call a ceasefire.

River Cleanup - Saturday, 10/1 at 9am

Message from Tim Doxey, Chapter Board Member/Treasurer/Save-Our-Streams Chair/Awards Chair



As shown on the chapter website calendar, on **Saturday, October 1st at 9am**, Keep Suffolk Beautiful, in conjunction with the International Coastal Cleanup, will be coordinating a *Nansemond River cleanup. Those chapter members with kayaks can meet at the Hilton kayak launch to pick up trash from the water, while those without can meet at the parking lot near Belks in the Suffolk shopping center to conduct trash pickup from the shore.

The chapter Save Our Streams Chairman, Tim Doxey, will be coordinating the shore side cleanup efforts from the Belk parking lot. This will be our first chapter river cleanup since our chapter activities were shut down as a result of COVID-19 restrictions. Below are links to Google Map locations and Keep Suffolk Beautiful's Facebook page for more information:

[Kayak & Canoe Cleanup Location](#)

[Suffolk Shopping Center Land-based Cleanup Location](#)

[Nansemond River Cleanup Event Page & Information](#)

**Note: Chapter Ikes who participate in this city-sponsored event will accrue work hour credits in accordance with our chapter's membership volunteer participation policy.*

Conservation Issues - Free Webinar on Non-Lead Ammunition

Submitted by Mike Lane, Chapter Board Member

Source Credits: [The Wildlife Society \(TWS\)](#) and [TWS Wildlife Toxicology Working Group](#)

The Wildlife Society (TWS) features access to free [webinar series](#) on a variety of conservation issues.

Chapter Ike/Board member Mike Lane recommends one such recent TWS webinar that may be of interest to our chapter members, entitled "How Do We Get the Discussion about Non-Lead from Non-Starter to Non-Issue?" that was held in August of 2022.

Although you can't participate in this particular Webinar via a Zoom session since it has expired, you can access a recorded Youtube video of it by browsing to <https://wildlife.org/webinars/>, scrolling down to "Past Webinars", and clicking on the [Youtube](#) video link shown there. In this video, you be given a breakdown of non-lead ammunition, a crash course in its controversy, and bits of wisdom for hunters, shooters, and conservationists today. You'll dive into the last decade of rhetoric on a topic hotly debated from litigation halls to hunting camp, and consider the transition to alternative ammunition.

Note: it doesn't appear that you are required to join TWS to access these webinars, but you will be required to register with TWS using your personal email address at a minimum.

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